UNITED STATES MARINE CORPS

Marine Corps Suicide Prevention Program

2011 DoD/VA Annual Suicide Prevention Conference - USMC Update
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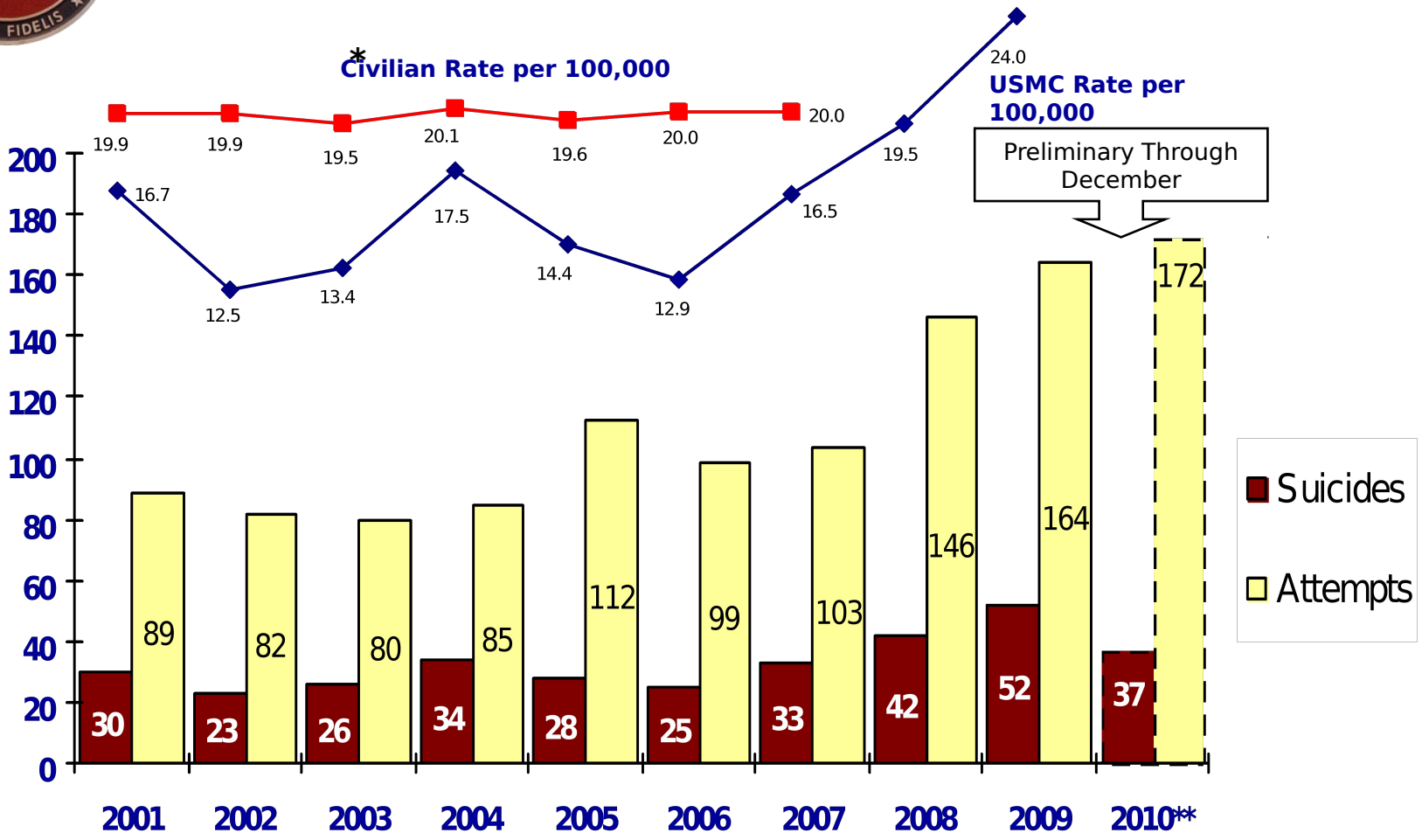
37 Marines died by suicide in 2010



* Last available civilian suicide rate information from the Centers for Disease Control and Prevention. Rate adjusted for Marine demographics.

** Includes 9 suspected suicides that have yet to be confirmed by the Armed Forces Medical Examiner. Data from 2001-2010 has been standardized in accord with DoD policy.

Source: HQMC (MRC-5) 2011Jan03

DSTRESS Line

DSTRESS
WIN YOUR PERSONAL BATTLES.
1.877.476.7734

A PLACE TO CALL

FOR THOSE WITH THE COURAGE TO ANSWER OUR NATION'S CALL

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From the everyday stressors of life to the stressors related to combat, stress can affect even the strongest Marine. The DSTRESS Line was developed by the Corps to provide professional, anonymous counseling for Marines, their families and loved ones when it's needed most. Call today to speak with one of your own.

I JUST WANT TO TALK

COMPLETELY ANONYMOUS
24/7 DStressline
Call and Talk
to a Live Person!
1.877.476.7734

I CAN FIND IT MYSELF

Locate local resources & find links that will help you or a friend get help fast!

Locate Local Resources

I JUST WANT TO CHAT

Live Chat

Live Chat

COMPLETELY ANONYMOUS read it

NOTICE: THE DSTRESS LINE IS A PILOT PROJECT CURRENTLY AVAILABLE TO CURRENT AND VETERAN MARINES AND THEIR FAMILIES WHO ARE LOCATED IN THE FOLLOWING AREAS: OR, WA, CA, NV, AZ, ID, MT, NM, UT, CO, IA, KS, MN, MO, ND, NE, SD, WY, HI, AK AND WEST TEXAS (FORT BLISS, EL PASO AREA).

A SERVICE OF THE MARINE CORPS

Prevention / Awareness Training

- NCO course maturation
  - Better appraisal of training and training availability
  - Increased confidence to intervene
  - More positive attitudes toward receiving behavioral healthcare
- Jr. Marine course release
- SNCO / Officer course development

Prevention / Awareness Training

Way Ahead:

- Civilian and family training
- Merging resilience training
- Sustainability / NCO II

OSCAR and COSC

- Operational Stress Control and Readiness
  - Embedded behavioral health providers
- OSCAR Extender Training
  - Field Medical School combat/operational stress training for corpsmen (recognize, treat and refer as appropriate)
- OSCAR Team Training
  - 6-hour training for a portion of deploying battalion Marines and sailors
  - Recognize, normalize and talk about stress; resource knowledge
  - Reduced mental health utilization in theater

Behavioral Health Integration

Behavioral Health Branch

- Suicide Prevention
- Combat and Operational Stress Control
- Substance Abuse Prevention and Treatment
- Sexual Assault Prevention
- Family Advocacy and General Counseling

Prevention Through Leadership

- Embedded training in all formal schools
  - Recruit Training
  - Marine Corps Martial Arts Program
  - Corporal’s Course
  - The Basic School
  - Commander’s Course

Way Ahead

- Continued integration
- Focus on legal defendants
- Strategic communication
- Research/Advanced data analysis/Program Eval
  - Suicide attempt study (protective factors)
  - Psychological autopsy
  - Program evaluation (NCO and Jr. Marine)
  - Marine Resilience Study
- Suicide Prevention Program Officers
- Collateral Duty Prevention Officers

Questions

CY10 Suicide Demographics

2010 Month	Suspected Suicides	Suicide Attempts
January	7	21
February	2	20
March	3	15
April	2	19
May	7	20
June	1	13
July	6	9
August	2	13
September	2	9
October	3	10
November	0	18
December	2	5

Gender	36 Male 1 Female
Race	30 Caucasian 3 African American 2 Hispanic 2 Asian
Age	12 (17-20) 15 (21-25) 4 (26-30) 5 (31-40) 1 (41-50)
Marital Status	19 Single 17 Married 1 Divorced
Paygrade	17 (E1-E3) 13 (E4-E5) 4 (E6-E9) 3 (01-010)
Method	24 Gunshot 8 Hanging 1 Overdose 2 Suffocation 1 Train 1 Immolation

Preliminary Through December 2010